

# Lee Graham

## Fall 2018 Junior after School Programs



Starting Sept 10<sup>th</sup> and Ending November 9th

8 week session

-All Fall programs will run once a week for 8 weeks.

-Pick one or more convenient day ('s) & time ('s) for your class.

Missed classes can be made up by subbing in similar classes. Register by **Aug 31<sup>st</sup>** for early discount **[E.D]!!**

Class	Age / Level	Day	Time	Cost (E.D/Reg)
Mini's	5 & under	M/T/W/Thur./ Fri. Pick a day	3-3:45pm or 4-4:45pm	\$120/ \$140
Champs	12 & under/Beginner <b>12 &amp; under/Adv. Begin</b>	M or W or F <b>M or W or F</b>	4:45-6pm. 75min. <b>6-7:15pm. 75min.</b>	\$190/\$210 <b>\$190/\$210</b>
Competitive	14 & under Intermediate <b>16 &amp; under Advanced</b>	Tuesday <b>Thursday</b>	4:45-6:15 90min. <b>4:45-6:30 105min.</b>	\$230/\$250 <b>\$270/\$290</b>

### Mini's- /Tiny Tots (Ages 3-5)

-Emphasis on the core concepts of the tennis swing

-A stronger focus is placed on hand-eye coordination, racquet skills, and FUN

### Champs- Beginner (12 & under)

-Students learn the mechanical fundamentals of the forehand, backhand, serve, overhead, and volley

### Champs- Advanced Beginner(12 & under)

-One level ahead of beginner. Still getting comfortable with all shots but is able to rally some

### Competitive- Intermediate (14 & under)

-Geared towards more experienced players; able to extend rallies, comfortable with stroke mechanics

### Competitive-Advanced(16 & under)

-Players solidify the technical aspects, movement, body mechanics and racquet work.

-Players begin adding power and topspin to groundstrokes simultaneously improving their reflexes with footwork and stroke technique.

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**Registration:** Please complete Registration form and mail to **9003 Belo Gate Dr. Manassas Va. 20111**

Name: \_\_\_\_\_

Parent (s) Name: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Class (es): \_\_\_\_\_

(make checks payable to Christian Canepa)

For more information: please contact Chris Canepa, Tennis Pro at **703-946-5256** or at **clctennispro@msn.com**